

Cedar Multi's

Rupert Daly

COLLECTIVE ARCHITECTURE

Why Passivhaus?

Woodside Estate: Background

- 4000 residents (approx)
- Diverse range of nationalities
- 32 languages
- Tenants consist of single people, families, asylum seekers, young people from the care system, those who have been homeless, elderly, disabled.
- Community has issues with high unemployment, poverty, isolation, mental health and people with addictions
- High unemployment
- Benefit dependency
- Income deprived
- Fuel Poverty
- Food Poverty



Woodside Estate: Background

2011

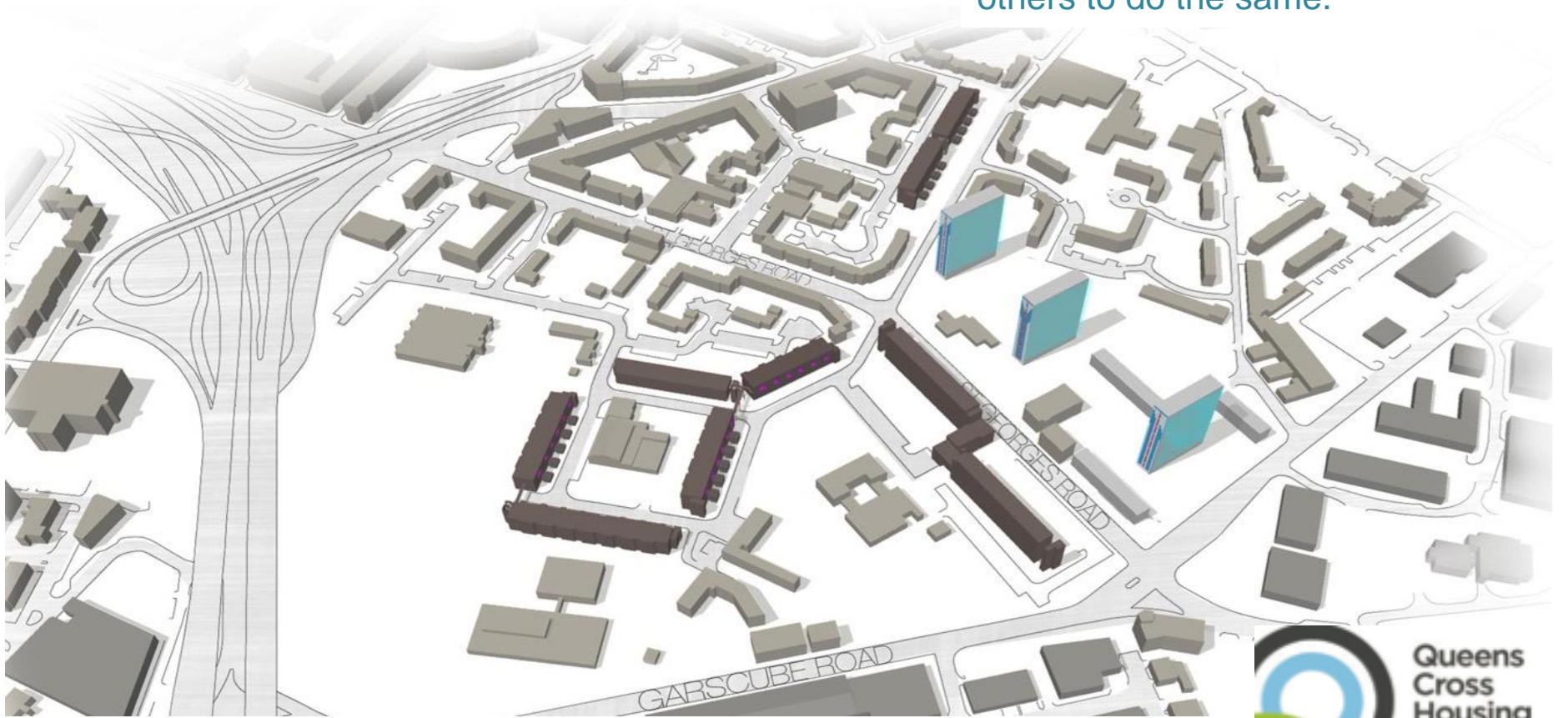
- Estate had suffered from a lack of investment for a number of years impacting significantly on the resident's quality of life.
- Stock transfer to Queens Cross Housing Association

2012

- Collective Architecture commissioned to carry out Options Appraisal

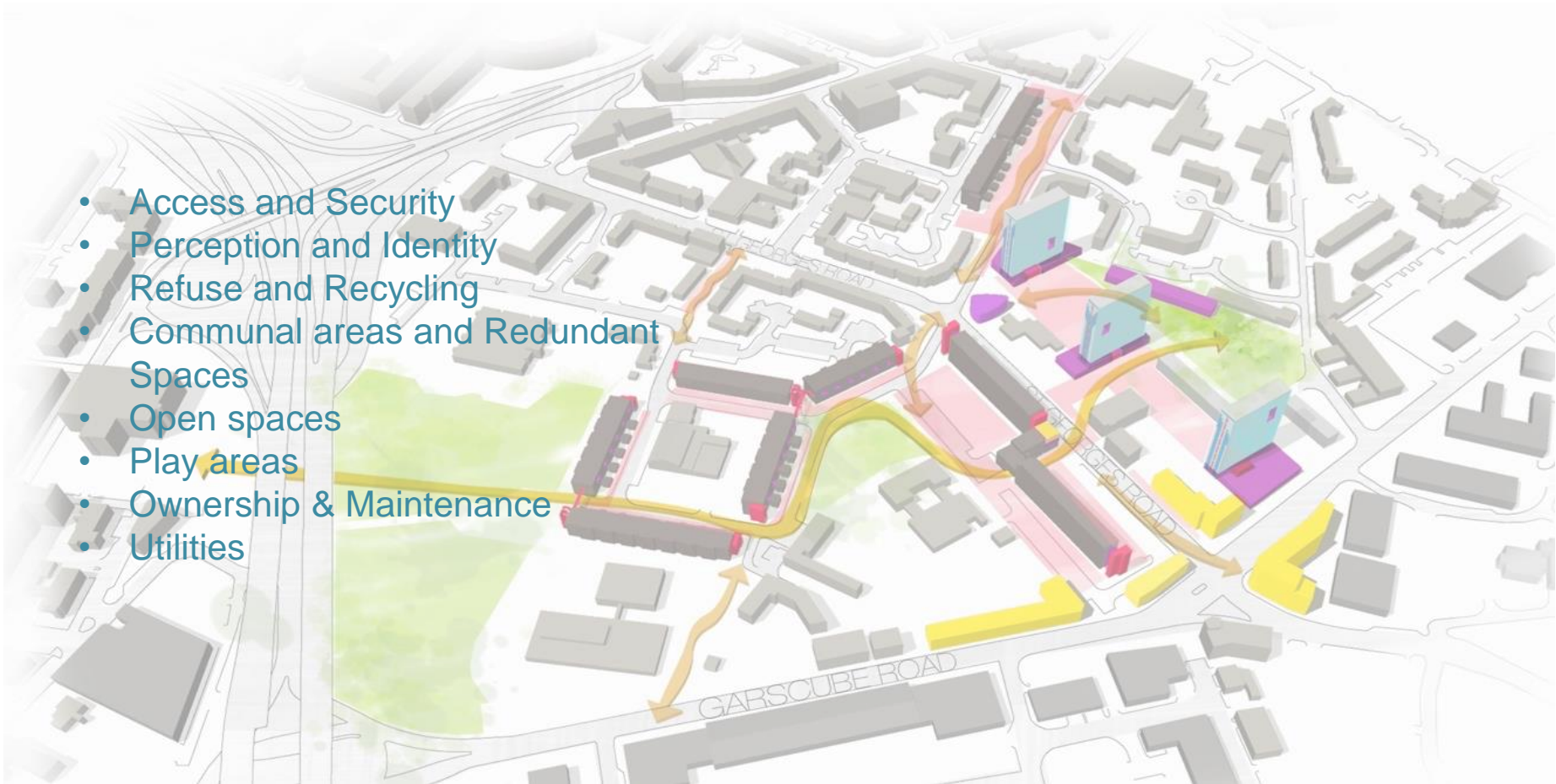
Woodside Estate: Client Vision

“To be recognised as a leader in providing excellent housing and community services. To create and sustain vibrant communities and to inspire others to do the same.”



Woodside Estate: Options Appraisal

- Access and Security
- Perception and Identity
- Refuse and Recycling
- Communal areas and Redundant Spaces
- Open spaces
- Play areas
- Ownership & Maintenance
- Utilities



Woodside Estate: Vision



Woodside Estate: Vision

Creating a sustainable community

- Live, Play, Work & Grow
- Reduce, Reuse, Recycle & Recover
- Enhance the existing
- Improved Energy performance

“This options appraisal explores the ambitions of people living in Woodside for their homes and their future. They want to transform their area from a post-industrial corridor between the city centre and the north to a desirable, high quality, vibrant and sustainable local community that draws people in and makes them want to stay.”

Shona Stephen
Chief Executive
Queens Cross Housing Association

So why Passivhaus again?

- Compared to alternative solutions including available grant funding (Feed in Tariff, Renewable Heat Incentive etc.) It is the most financially viable
- A fabric first approach ensured the main capital investment works are future proofed.
- We are improving the fabric anyway so why not make it count?
- Standards demand quality from holistic detail design consideration to onsite implementation. Funding often considers packages in isolation.
- There is no point in putting lots of renewable energy into a building that leaks energy like a sieve.
- There is no point in putting high quality thermal components into a building if the value is being lost through the junctions/ interfaces.

So how do we do it?

Passivehouse Principles: Perception vs Reality

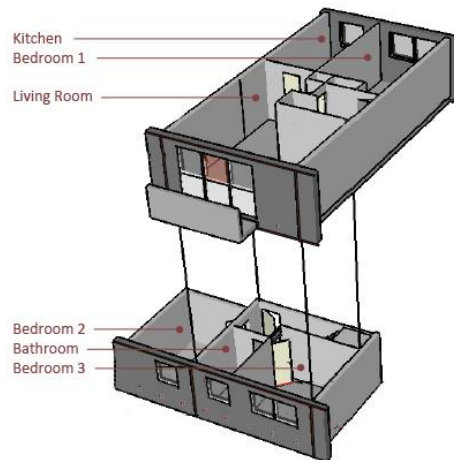
- **Form Factor** (Wow!)
- **MVHR** (client concern)
- **Airtightness** (surprisingly good already)
- **Loads of Insulation** (only 120/160mm rockwool actually)
- **Minimise Thermal Bridges** (okay but some will be costly)
- **Orientation** (predetermined but consider solar gain)



Specification: MVHR - what are the issues.

3. Flat, Occupants and Ventilation

Flat and Occupants



- Concerns over capital cost – unit/ ducting/ infrastructure
- Concerns over gaining access for maintenance
- Concerns over filter costs and replacement interval
- Why can't we use industry standard?
- What's to stop Tenant switching it off?
- Why is it needed?
- What's wrong with flat duct?
- Why, Why, Why?
- Why do we need silencers?
- Why do we need preheaters?

And so begins the insightful journey!

Specification: MVHR options

- Centralised MVHR not practical for distribution
- Operating range for conventional MVHR too high for small apartments
- What are the alternatives?

Specification: MVHR - alternatives

fresh-r[®]



Specification: MVHR



Fine Copper Wire Heat Exchanger for decentral ventilation

Heat transfer coefficient is >1000x better than polyethylene

=

Much more compact unit

fresh-r®

Specification: MVHR

- Wi-fi enabled

Potential to signal Housing association is there was an issue and to monitor remotely

- Demand controlled – Humidity/ CO2

Does not require tenant interaction but simple controls available for temporary boost

- Heat exchanger/ Primary filter can be washed instead of replaced

Saving of £100k over 10 years on this project compared to replacing filters on 6 month basis

- Additional filters optional

- Reduced infrastructure cost

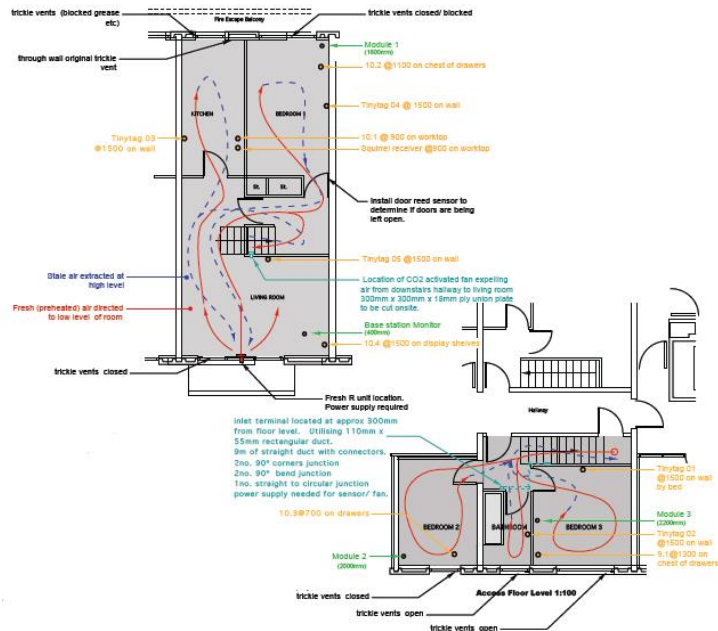
Less coring for ducts, bulkhead, decoration

- Small enough to be integrated into window frame



Specification: Testing

**MACKINTOSH
ENVIRONMENTAL
ARCHITECTURE
RESEARCH UNIT
THE GLASGOW
SCHOOL OF ART**



MEARU CEDAR FLATS: 'FRESH-R' MVHR TESTING

C. Morgan

A. Poston

G. McGill

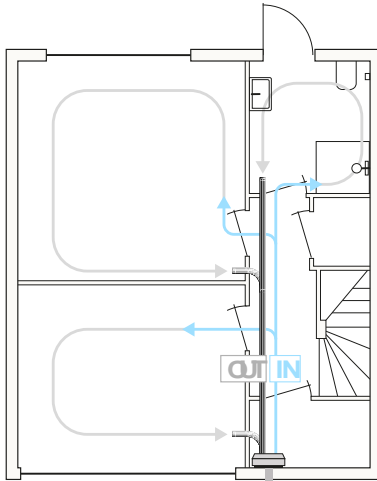
October 2015 Final Version



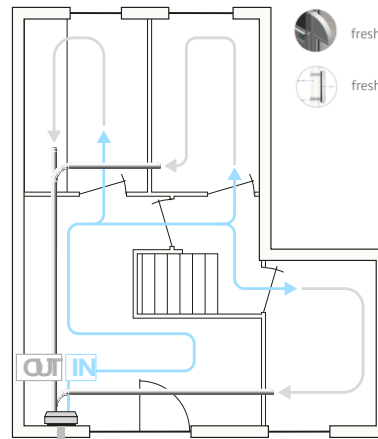
MEARU
The Mackintosh Environmental Architecture Research Unit
Mackintosh School of Architecture
The Glasgow School of Art

Specification: Results

example 3



example 4

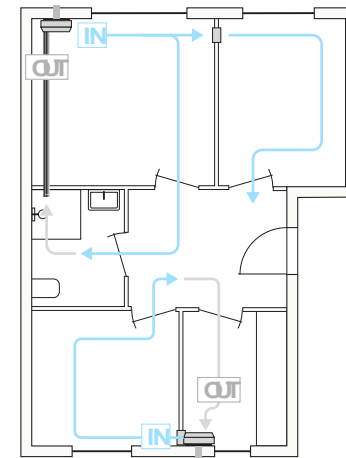


fresh-r everywhere® extract duct connection



fresh-r®

example 6



one single fresh-r® can ventilate up to 80m²
maximum duct length 10 meter, Ø125 mm

easy to plan

Specification: Result



Cedar Multi's: Tendered Spec



Passivehouse EnerPHit Standard – PHPP V8

- Mitigate Fuel poverty
- Provide base heating and hot water load FOC
- Significantly reduce landlord running costs
- Improved Indoor Air Quality
- Improved Amenity
- Additional Insulation
- Triple glazing
- Solar thermal
- Mitigate thermal bridges
- Airsource heat pump – required to meet PE target?
- Improve Air Tightness
- Recover heat from ventilation systems – Conventional PH certified
- New lifts
- Change communal lighting to LED



Woodside: Value Engineering



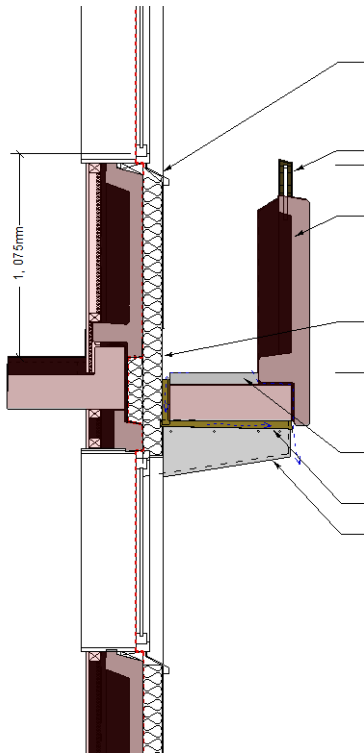
Passivehouse EnerPHit Standard – PHPP V8

- Mitigate Fuel poverty
- ~~Provide base heating and hot water load FOC~~
- Significantly reduce landlord running costs
- Improved Indoor Air Quality
- Improved Amenity
- Additional Insulation
- Triple glazing – PH certified? Contractors choice
- ~~Solar thermal~~ – Not necessarily a bad thing to omit
- ~~Mitigate thermal bridges~~ – Fire escape balcony affected
- ~~Airsource heat pump~~ – required to meet PE target?
- Improve Air Tightness
- Recover heat from ventilation systems – Conventional PH certified
- New lifts
- Change communal lighting to LED

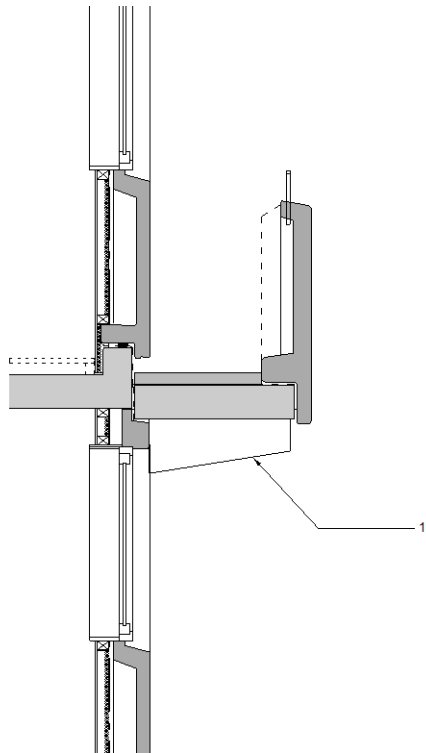
*Requirement to meet EnerPHit certification omitted but
Passivehouse standards and assessment to be maintained!*



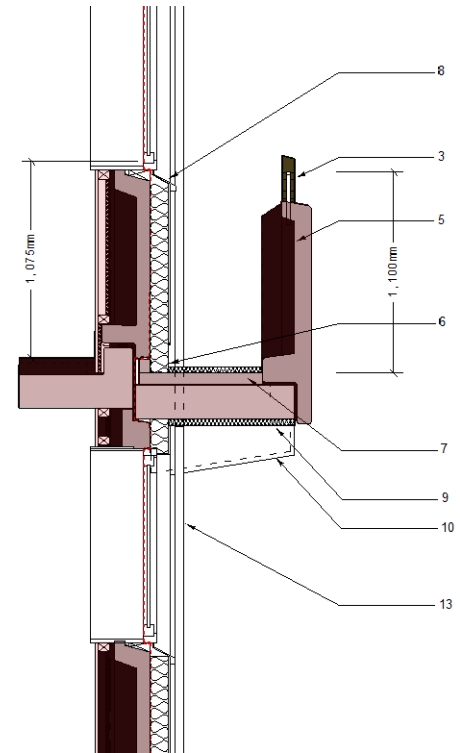
Value Engineering: Thermal Bridges



Tender



Existing



Contract

Woodside: Aerial View



Woodside: Entrances



Woodside: Entrances



Woodside: Aerial View

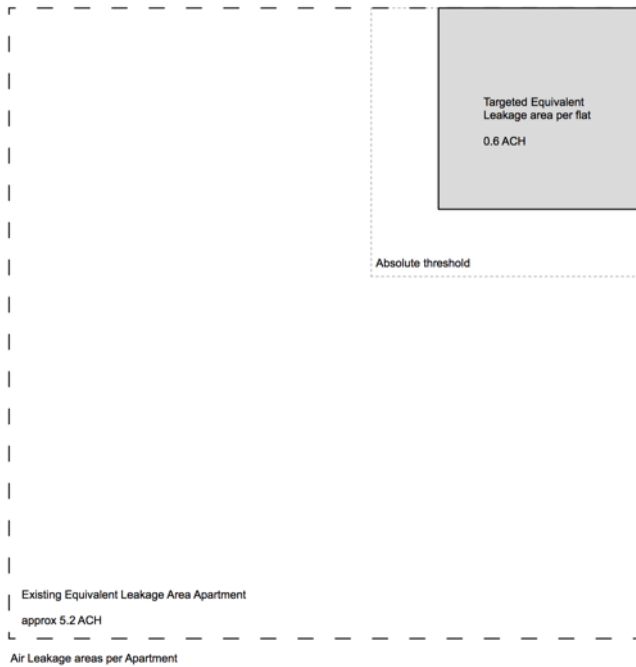


Woodside: Existing Photos



Jeff Holmes Photography

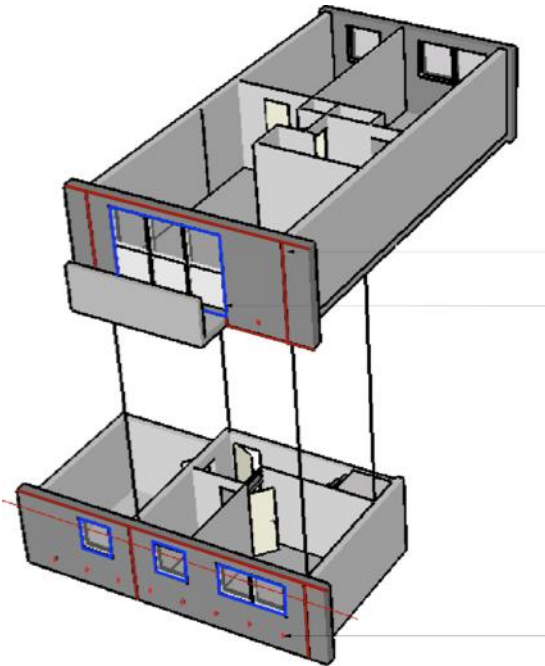
Woodside: Site Progress



Airtightness Target



Woodside: Progress



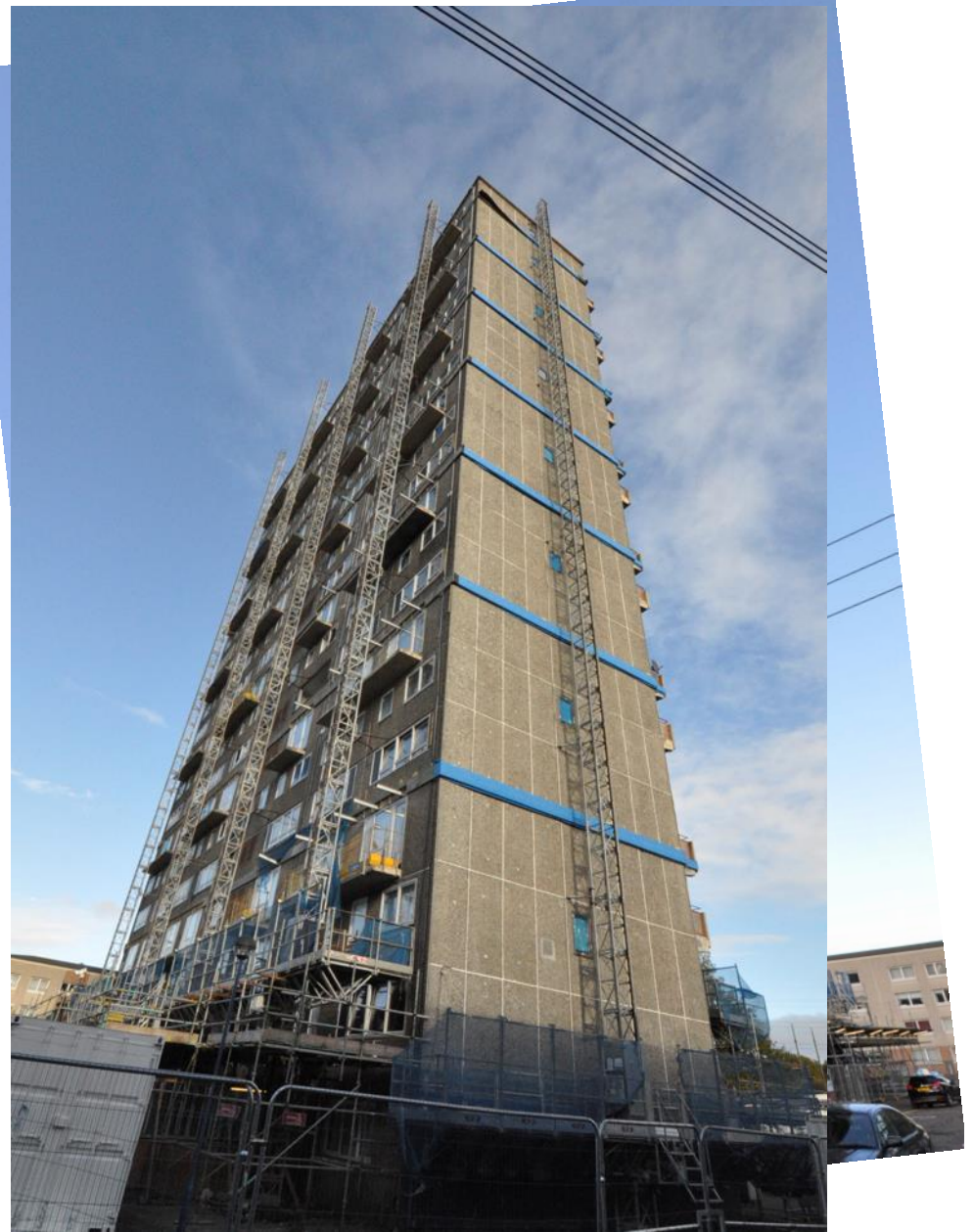
Airtightness interface



Woodside: Progress



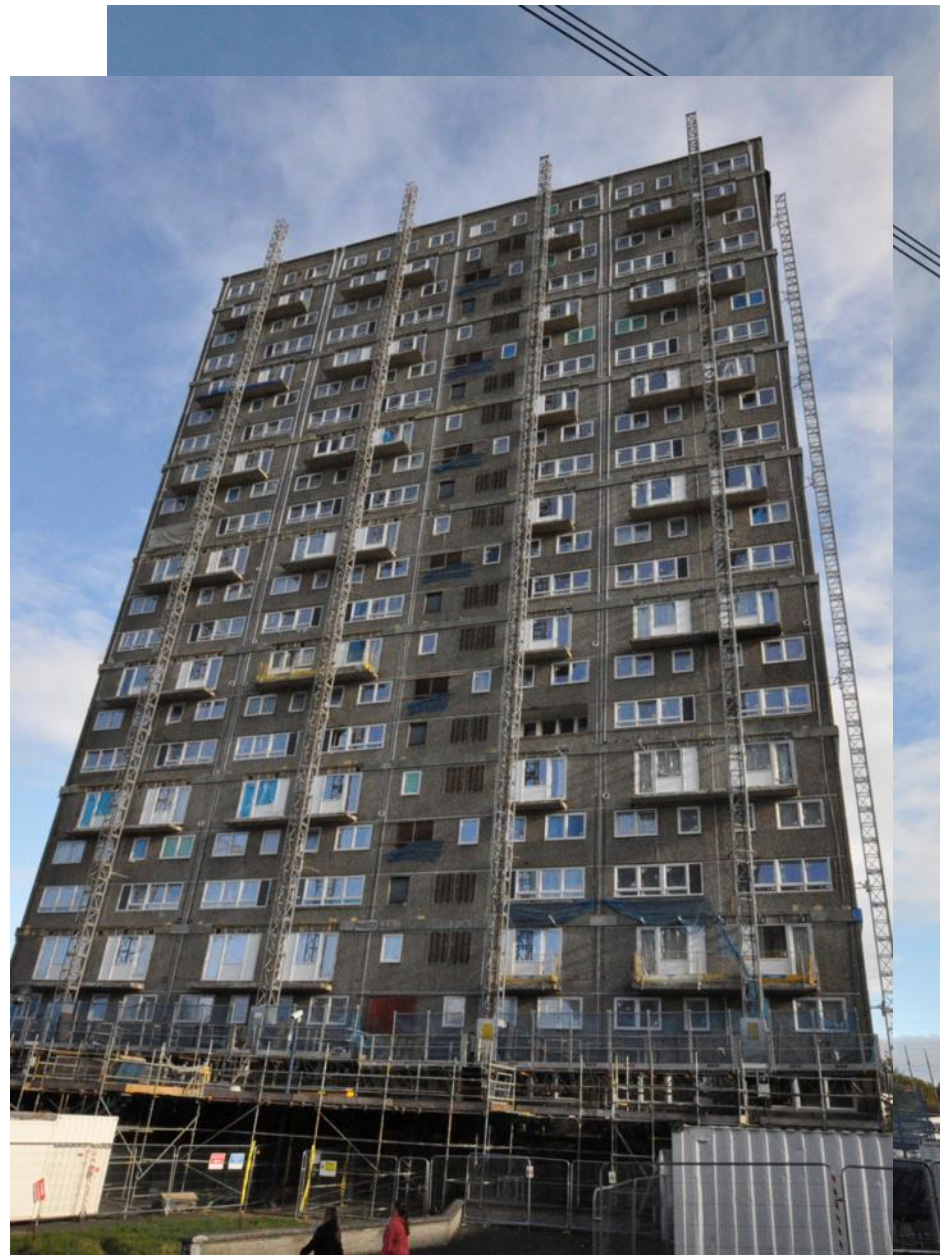
Airtightness jointing – Precast panels



Woodside: Progress



- Thermal Break connection plates



So where are we?

Nearer than we thought due to PHPP V9 and PER value !

Specific building characteristics with reference to the treated floor area						
				Criteria	Alternative criteria	Fullfilled? ²
Space heating	Treated floor area m ²	8180.2				
	Heating demand kWh/(m ² a)	17	≤	30	-	yes
	Heating load W/m ²	13	≤	-	-	
Space cooling	Cooling & dehum. demand kWh/(m ² a)	-	≤	-	-	-
	Cooling load W/m ²	-	≤	-	-	
	Frequency of overheating (> 25 °C) %	0	≤	10		yes
	Frequency excessively high humidity (> 12 g/kg) %	0	≤	20		yes
Airtightness	Pressurization test result n ₅₀ 1/h	1.0	≤	1.0		yes
Non-renewable Primary Energy (PE)	PE demand kWh/(m ² a)	139	≤	-		-
Primary Energy Renewable (PER)	PER demand kWh/(m ² a)	69	≤	75	75	yes
	Generation of renewable energy (in relation to projected building kWh/(m ² a)	0	≥	-	-	

² Empty field: Data missing; '-': No requirement

I confirm that the values given herein have been determined following the PHPP methodology and based on the characteristic values of the building. The PHPP calculations are attached to this verification.

Task: 1-Designer First name: Rupert Surname: Daly

Issued on: City:

PHI Low Energy Building? yes

Signature:

But still not quite EnerPHit yet!

Woodside: Specification compromise

Storage heat losses

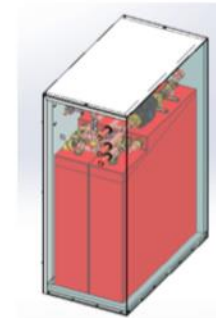
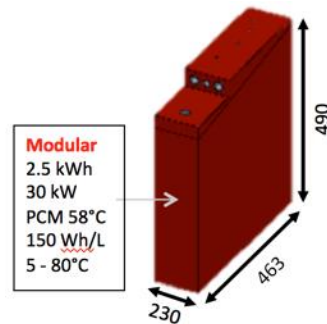
	Storage 1	Storage 2	Buffer storage tank (only heating)	Compact unit	
Selection of storage tank	2-DHW only	0-No storage tank	0-No storage tank	0-No	
Storage necessary for HP					
Solar DHW connection					
Heat loss rate	W/K 187.0	3.0	2.0		
Storage volume	litre 18900				
Standby fraction					
Location of storage tank, inside or outside of thermal envelope	1-Inside	1-Inside	2-Outside		
Temperature of mechanical room	°C 20.0				
Typical storage tank temperature	°C 55.0				
Manual entry of storage temperature					
Average standby heat losses storage tank	W 6545				
Additional heat losses storage tank, solar operation	W				
Possibly utilisation factor of heat losses					
Annual heat losses DHW storage tank	kWh/a 57334				kWh/a 57334
Annual heat losses buffer storage tank					kWh/(m²a) 7.0

Auxiliary calculation - heat losses through storage tank according to EU efficiency classes			
Storage volume	litre	180.0	
ErP class	-	C	
Maximum permissible standby heat loss	W	83	
Heat loss ratio for PHPP calculation	W/K	1.8	

Too much!

Woodside: Storage Loss option offset

- Externally insulate poor performing HW Cylinder - – Under consideration
- Reduce size of HW tanks – Under consideration
- Omit tanks altogether – Not in tenants best interest as benefit to off peak tariffs
- Consider waste water heat recovery such as Recoup Pipe+ HE (PH Certified) Maybe next time
- Look at alternative storage options such as SunAMP Phase change material. Maybe next time



Sunamp heat batteries-0.579kWh storage losses per 24hrs

Woodside: Lessons Learned to date

- **Form Factor** – Makes a huge difference to energy performance and cost.
- **Innovation** – Great, but barriers due to perceived risk. Keep it simple.
- **Challenge of refurbishment** - Degree of cost uncertainty and flexibility but overall very suitable for upgrade
- **Research** – Critical to exploring options. Ask lots of questions.....all the time!
- **Procurement** – Design and Build – Opportunities to work as a team with Contractor and Client to provide effective solutions on a restrictive budget.
- **Large Scale Passive House Refurb** – On this project the challenge is more to do with M&E integration to the existing building than the building envelope.
- **Cost Effective** – Project cost to be confirmed but additional cost to PH standards are likely to be low.





Thank you for your time!

Rupert Daly

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ukpassivhaus
conference 2016



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