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# AKERMAN ROAD: OVERHEATING & PHPP

**Jae Cotterell & Anna Carton** 







# AKERMAN ROAD SOCIAL HOUSING OVERHEATING and PHPP





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## **PASSIVHAUS HOMES & PH15 SYSTEM**

Winners of the **Ashden Award 2020** for UK Built Environment for PH15

Winner **Best Private House** 2013 Passivhaus Trust UK Awards for Totnes B&B.









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## Key elements of a future proof housing solution?



'Passivhaus' operational energy demand + 'Timber' Low Embodied CO2 + 'Electric' Renewable Fuel source + LOW O/H RISK





## Designing for low o/h risk over time?

| : <u>The</u>  | e Average I | Lifespa | n of Thir  | <u>igs</u> |      |  |
|---|-------------|---------|------------|------------|------|--|
| Mobile phone: 4.7yrs  |             |         |            |            |      |  |
| Car: 8-15yrs  |             |         |            |            |      |  |
| Air source heat pump:   | 15-20yrs    |         |            |            |      |  |
| PV Solar panels: 20yrs  |             |         |            |            |      |  |
| •   |             | — 🛉 ни  | man: 81yrs |            |      |  |
|   |             | ¥       |            |            | -1   | Buildings:<br>Masonry & wood: 120yrs<br>Modernist (concrete): 60yr |
| NOW 2030 2040 2050 2060 2070  | 2080 2090   | 2100 2  | 2110 2120  | 2130       | 2140 | 2150   |
| Target date for all<br>new buildings to<br>be net zero carbon.Target date for entire bui<br>environment to be<br>net zero carbon. | lt          |         |            |            |      | Q  |
| Targets set to limit global temperature rise to <1.5°C  |             |         |            |            |      | Greenlite<br>Energy Assessors                                      |

Impact of a changing climate over 80 years on o/h risk?

Future climate testing in PHPP = +1.5°C.





### Fig. 1: Warmest daytime temperatures (tx01) in the UK.

#### From: The increasing likelihood of temperatures above 30 to 40 °C in the United Kingdom



a Timeseries of the UK mean *txOI* from HadUK-Grid observations (black line), and simulations with 16 CMIP5 models with all climatic forcings (red lines) and natural forings only (blue lines). The observed value in 2019 is marked with a cross. Simulations of future years follow the RCP 4.5 scenario. The model data were bias-corrected to have the same mean during a reference period as the observations. **b** A map of the *txOI* trends during 1960–2019 computed with HadUK-Grid data. Circles mark areas (of -60 × 60 km) where most grid boxes have trends not significantly different from zero (tested at the 10% level), as determined by a Mann–Kendall test.

Designing for low o/h risk over time?

Impact of a changing climate over 80 years on o/h risk?

## +1.5°C overall? As PHPP stress test?

South & East England - Average temperature of warmest days increased 0.5-1°C per decade since 1960.

Christidis, N. et al (2020)









Sketch by Anne Thorne Architects

#### **OVERHEATING CHALLENGES**

- High occupancy dwellings.
- Central London climate.
- East/West Orientation.
- Site adjacent to busy road with the attendant noise & pollution.
- Conservation area setting, stringent planning requirements, inherited design with no external shading devices and larger glazing areas (21% or 28% E/W only).
- Delivered within a very short timeline, under a Design & Build contract.

#### **PROJECT STATISTICS**

TFA 371 (or 124m<sup>2</sup>/house), Form Factor 1.8, average wall/roof/floor U-value 0.1W/m2K, average whole Uwin values 0.9W/m2K. Predicted heating demand 15kWh/m<sup>2</sup> per annum. Final airtight test 0.34-0.4 ach@ 50Pa.

*Offsite, pre-cut timber frame construction with natural insulations, x4 less embodied carbon than masonry equivalent construction. Medium weight construction.* 

PH15 Complete System Supply £54,812.00 per house or £410/m<sup>2</sup> of GIA.



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#### PHPP OVERHEATING STUDY at DESIGN STAGE

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## **2015 STRESS TEST STUDY ASSUMPTIONS**

No external shading devices due to conservation setting.

Much higher occupancy  $35m^2$  down to  $20m^2$  per person – 18.5 in total.

Limited use of night cooling through glazing due to noise/pollution. Boost ventilate using demand control through MVHR system.

|  | % time over 25°  |   |   | % time over 26°  |   |   |  | % time over 27°  |   |  |   |            |
|--|--|---|---|--|---|---|--|--|---|--|---|------------|
| (1) All All All All All All All All All Al   | Eduction Factors<br>introves tilled open<br>succion factors<br>succion factors<br>succion factors<br>succion factors | auction factor)<br>stifted open at n<br>notor thourin o<br>at night | (1) All wind<br>stifted open at no<br>rot or 3 hour in o<br>step (50% | (2) WT<br>(5) Coo te<br>(5) Coo te<br>(5) Coo te<br>(5) Coo<br>(5) Coo | eduction factor) a<br>cluction factor) a<br>cluction factor) a<br>cluction factor) a<br>cluction factor)<br>stutt | edución factor)<br>s titted open at fr<br>na for 1 hour in o<br>rat night | (1) AII WING<br>s titled open at no<br>of or 3 hour in o<br>Sight (50% | El WI<br>Sole te<br>Sole te | eduction factor)<br>aduction factor)<br>aduction factor)<br>aduction factor)<br>aduction factor<br>shut | ecticion factory<br>stitled open at fi<br>nd for 3 hour in 0<br>at night | ts titled open at more the formation of | 18 th (50g |
| Low g-value glazing and<br>MVHR with demand control                                | 8.9%   | 2.4%  | 2.0%  | 1.7%   | 4.6%  | 0.1%  | 0.1%   | 0.0%   | 0.8%  | 0.0%   | 0.0%  | 0.0%       |
| Low g-value glazing and<br>standard MVHR   | 15.9%  | 4.1%  | 3.6%  | 3.1%   | 8.5%  | 0.3%  | 0.3%   | 0.2%   | 4.2%  | 0.0%   | 0.0%  | 0.0%       |
| Standard g-value glazing<br>(original window spec) and<br>standard MVHR            | 23.1%  | 7.6%  | 6.8%  | 6.2%   | 17.1%   | 3.7%  | 3.1%   | 2.7%   | 10.1%   | 0.3%   | 0.2%  | 0.2%       |
| Standard g-value glazing<br>(original window spec) and<br>MVHR with demand control | 16.4%  | 5.3%  | 4.9%  | 4.5%   | 9.7%  | 1.9%  | 1.5%   | 1.2%   | 4.9%  | 0.1%   | 0.0%  | 0.0%       |

Modelled on demand control 0.65 l/h



'All residents report high satisfaction with the indoor air quality and the data supports this with consistently good levels of humidity and CO2 – it would appear that the **MVHR system is effective in keeping the internal air fresh**. Multiple residents report improvements in respiratory health with previous issues of asthma, coughing, etc. diminished since moving in.' From UCL STUDY







# AKERMAN ROAD SOCIAL HOUSING - RELATIVE HUMIDITY

Post Occupancy Monitoring by UCL



Source:

Arundel, Anthony V., Elia M. Sterling, Judith H. Biggin, and Theodor D. Sterling. "Indirect Health Effects of Relative Humidity in Indoor Environments." Environmental Health Perspectives 65 (1986): 351-61. Web.

\*Insufficient Data Above 50% Relative Humidity

"You could hear the raspiness in her cough... she doesn't suffer from that anymore — since we've been here, she doesn't cough in the night." Passivhaus Plus Magazine







Post Occupancy Monitoring by UCL

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## **UCL STUDY OUTCOMES**

Overheating over 25°C more than PHPP model predicted.

Residents have not complained BUT when asked report very warm periods, which are uncomfortable for some. Some do use fans occasionally. One resident reports taking cold baths to cool down.

#### WHY THE DISCREPANCY FROM MODEL TO ACTUAL?









PHPP OVERHEATING STUDY at DESIGN STAGE

## POST OCCUPANCY STUDY SHOWS

**Day vent + night cooling through glazing not happening** security and noise issues o/h from 1.7% to 8.9%

**Demand Control likely not operating as design intent** o/h rises from 8.9% to 15.9%

**Occupancy even higher than modelled scenario** Two adults + five/six children each unit, >100%

Airtightness 0.4ach not 0.6ach Exacerbates overheating

|  | % time over 25°  |  |   |   | % time over 26°  |  |  |                   | % time over 27°  |   |  |       |
|--|--|--|---|---|--|--|--|-------------------|--|---|--|-------|
| Scenario<br>all assume high<br>occupancy density<br>20m <sup>2</sup> floor area per person | eduction factors<br>fit on factors<br>fit on factors<br>stiction factors | aductor strategy<br>stines open at in<br>na for thour in<br>the the strategy<br>at hour in the<br>the strategy | (1) All wind<br>as tiped open at the<br>defors hour in the<br>life the (Sog | A Wisternanderin<br>Solos te<br>Nature Internanderin<br>Sietz (Solo | eduction factors<br>introduction factors<br>cuction factors<br>cuction factors | eductor series<br>stitles open at hour in o<br>car neither open at hour in o | (1) All wind<br>as tiped open at the<br>refors tournout<br>terr (Sog | to us de manerel. | eduction factors<br>factors titled open<br>eduction factors<br>eduction factors<br>stuction factor | eduction factors<br>stilleer open at the<br>construction at the<br>construction at the<br>car night | ts tine of onen at the solution of the solutio | 164 A |
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| Low g-value glazing and standard MVHR  | 15.9%  | 4.1%   | 3.6%  | 3.1%  | 8.5%   | 0.3%   | 0.3%   | 0.2%              | 4.2%   | 0.0%  | 0.0%   | 0.0%  |
| Standard g-value glazing<br>(original window spec) and<br>standard MVHR                    | 23.1%  | 7.6%   | 6.8%  | 6.2%  | 17.1%  | 3.7%   | 3.1%   | 2.7%              | 10.1%  | 0.3%  | 0.2%   | 0.2%  |
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PHH REPORT: 'With minimal window opening overheating drops off rapidly'.

#### **QUESTIONS to ANSWER**

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CHECK: Is demand control working through the MVHR System – linked to CO2? Likely not and/or at too low a rate. CHECK: Could there be a greater contribution from DHW pipes not having been insulated? Yes. Could add + 2%.



## **2020 New PHPP 9 Model** STRESS TESTING with NO WINDOW OPENING



| <b>Correct occupancy, lower airtightness, no mitigations</b><br>(from 18 to 22 people) |                       |                                      |                          |  |  |  |  |  |
|--|-----------------------|--------------------------------------|--------------------------|--|--|--|--|--|
| 38%  |                       |                                      |                          |  |  |  |  |  |
| <b>Trees</b><br>(in front of 54A)  | Low G-Value<br>(0.38) | <b>MVHR</b><br>Summer boost 0.65 1/h | Night Cooling<br>0.2 1/h |  |  |  |  |  |
| <b>33%</b><br>(-5%)  | <b>30%</b><br>(-8%)   | <b>29%</b><br>(-9%)                  | 25%<br>(-13%)            |  |  |  |  |  |
| Trees + Low G-value + MVHR summer boost  |                       |                                      |                          |  |  |  |  |  |
| <b>18% to 9%</b> (boost 0.65 1/h to 0.9 1/h)   |                       |                                      |                          |  |  |  |  |  |

NOTE: Changing thermal mass does not have any significant impact.





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## New PHPP 9 model – AIR SPEED IN THE MVHR DUCT

Ventilation boost 0.65 1/h in 75mm duct

2.6 m/s

Ventilation boost 0.9 1/h in 75mm duct

3.4 m/s – noise level associated

Ventilation rate 0.9 1/h in 90mm duct

2.5 m/s or below 1.5 m/s with two ducts

2015: duct speed rate design target 2.5 m/s maximum 2020: duct speed rate design target 1.5 m/s maximum







# New PHPP 9 Model (MVHR boost level at lower setting) Fixed External Shading: 2<sup>nd</sup> Floor Top Floor Windows 14% (-4%) Fixed External Shading: 1<sup>St</sup> and 2<sup>nd</sup> Floor ALL Bedroom Windows 7% (-11%) Internal White Blinds to front bedrooms SHADING to rear bedrooms 10%

Have very modest ventilation through glazing day and night (only from rear elevation) comes down to **8%** 

## CHANGE DEMAND CONTROL – CHECK DHW PIPE INSULATION – ADVISE INDOOR WHITE BLINDS





## AKERMAN ROAD SOCIAL HOUSING – OVERHEATING & TEMPERATURE PHPP OVERHEATING CHECK 2020



New PHPP 9 model (MVHR boost level at higher setting)

| Fixed External Shading: 2 <sup>nd</sup> Floor East & West Windows                                       |
|---|
| 6.8%  |
| Fixed External Shading: 1 <sup>St</sup> East Windows & 1 <sup>st</sup> and 2 <sup>nd</sup> West Windows |
| 2.2%  |
| Internal White Blinds to front bedrooms plus SHADE rear bedrooms  |
| 5% (noise associated)   |

Have modest mix of fresh air ventilation through glazing day and night (only from rear elevation, total 0.1 1/h) comes down to **3.5%** 





## AKERMAN ROAD SOCIAL HOUSING – OVERHEATING & TEMPERATURE PHPP OVERHEATING CHECK 2020

**ALTERNATIVE CURRENT CLIMATE DATA SETS UK** Low-g glass, MVHR summer boost (0.65), and internal blinds





## AKERMAN ROAD SOCIAL HOUSING – OVERHEATING & TEMPERATURE PHPP OVERHEATING CHECK 2020

## ALTERNATIVE CURRENT CLIMATE DATA SETS UK Without low-g glass and summer boost







## CLIMATE STRESS TEST (+1.5deg.C)



## 2020 New PHPP 9 model STRESS TEST CLIMATE CHANGE

Trees + Low G-Value + summer boost 0.9 1/h + internal/external blinds

**13%** (above 25°) and 7.5% (above 26°)

Trees + Low G-Value + summer boost + external blinds to all bedrooms

**10%** (above 25°) and 5% (above 26°)

## ADD GROUND FLOOR PERGOLA to GARDEN

8.5% (above 25°) and 2.8% (above 26°)

**OPTIMAL SOLUTION** ADD MODEST **ACTIVE COOLING** TO MVHR SUPPLY IN LONDON CLIMATE WITH HIGH OCCUPANCY

(REFER ALSO to 2020 PHT ADVISORY)





## **KEY TAKEAWAYS for STRESS TESTING in PHPP**

Do not use **night cooling of windows** to lull you into false sense of security. TURN IT OFF OR REDUCE to MAX 0.1 1/h

Do not **underestimate occupancy** – PHT suggesting at least 50% increase – in this case it was >100% than the certified PHPP model.

Use **expected airtightness** not 0.6ach.

Be aware of **DHW pipes and insulation**, if omitted it could exacerbate overheating noticeably, especially high occupancy.

Low g glass is a very useful passive control measure, usually cutting out around 15% of solar energy. Can get 0.28 g-value, would be tinted.

White internal blinds can assist where external shading is not possible.

**MVHR summer ventilation boost** is effective to bypass user behaviour (security, or noise issues). Size the MVHR unit accordingly and ensure good duct design to allow for this function. It will boost ventilate ONLY when external temperature is cooler than inside – which window ventilation does not ensure.

FIXED and low maintenance shading is ALWAYS IDEAL SOLUTION. Keeps heat out. Model very cautiously if you don't provide any.

Well designed and effective fixed shading solutions – architectural challenge for the next decade.

Thermal mass has limited benefits/beware of too much mass in a warming climate.





## **CONCLUSIONS**

Future climate over next 80 years *will take many new PH houses into 'London' climate type scenarios*. Current location and climate data could be quite misleading.

If designing affordable homes in central London you should consider provision of ACTIVE COOLING.

**O/H STUDIES** are more important than we ever imagined (and our initial report was quite cautious), more *important and time consuming* than modelling heating demand for energy.



Energy use will drop over time and the electric grid will continue to decarbonise BUT o/h will only ever worsen.





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# A HEALTHY & GREEN FUTURE

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